



# Why Should You Choose A Scene Name And Email?

Some people say they live the lifestyle “24/7”. For the rest of us we must keep our vanilla life and our alternative lifestyle activities separate, at least at some level. Having a separate electronic communications account and a scene name makes it much easier to accomplish this goal.

Why do I need to do this? There are two clear and distinct reasons:

- 1) To protect your, as well as your partner’s, vanilla identity.
- 2) To maintain a clear and distinct division between your alternative lifestyle and your vanilla world.

For most people keeping the two separate (to a large degree) minimizes the potential level of distractions you may experience as you “transition” from one to the other, which increases the level of comfort and satisfaction you get when you are participating in alternative lifestyle activities.

How do I do this?

It is actually easy to accomplish this and avoid any potential problems that may result from co-mingling your electronic communications. All you need to do is create a separate e-mail account at one of the free carriers, such as yahoo, ymail, gmail, etc. To fully accomplish your objectives when you set up the account, DO NOT put any personal information on the profile (yes you can do that).

Also you should be careful to avoid accessing this account on any electronic devices that your employer owns and has control over and use discretion when you access it on devices you share with vanilla family members.

## Scene Name

You should also use a scene name when you interact in the alternative lifestyle. You are free to use anything you want to use. You should not use your real name. If you do use your real name only use your first name, middle name or nick name. For example my scene name is James (Sir James), the first name on my birth certificate, which I did not use most of my life. It makes it easy for me to use that to keep the lifestyle separate from my vanilla world where I was always known by my childhood nick name; Jim .Beth does the same thing, Elizabeth/Beth (Lady Beth).

It will also simplify your alternative lifestyle interactions if you are able to include your scene name in your lifestyle e-mail account name but this is not necessary.

The bottom line:

It is best to avoid giving out too much personal information to others until you are comfortable in your new friendship/relationship. Always err on the side of caution.

*Sir James*